

UTAH COUNTY  
SUBSTANCE ABUSE  
*Resource Guide*



**Intermountain**  
American Fork Hospital  
Orem Community Hospital  
Utah Valley Regional Medical Center  
*Healing for life*

A large, stylized graphic in the background. It features a central blue circle representing a head, with four blue triangular shapes extending downwards from it, forming a human-like silhouette. This central figure is surrounded by four light green star-like shapes, two on the left and two on the right, pointing outwards.






SUBSTANCE ABUSE RESOURCE GUIDE

*Treatment*

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- *Facilities located in Salt Lake City are contracted with the Utah County Health Department to provide services to Utah County residents, or they provide state-wide programs.*

COLOR KEY	
	All Ages/No Specification
	Adolescent
	Adult
	Women
	Men

# Assessment Facilities

## Addiction and Psychological Services

224 North Orem Blvd. • Orem  
801-222-0603

Cost: \$150

**Payment Options:** Medicaid, Medicare, self-pay, private insurance, military insurance and sliding fee scale

*Description:*

Testing and evaluation

## Mountain View Hospital: New Vision

1000 East 100 North • Payson  
801-465-7315

Cost: \$4,600

**Payment Options:** Medicaid, Medicare, self-pay and private insurance

*Description:*

Initial assessment is completed over the phone. Medical assessment only as part of the treatment available.

## Mountain View Hospital: The Pavillion

1000 East 100 North • Payson  
801-465-7315

Cost: Hospital fee—\$4000, physician fee—\$500,  
ER fee—\$140

**Payment Options:** Medicaid, Medicare, self-pay and private insurance

*Description:*

Medical assessment as part of an emergency room visit.

## Timpanogos Regional Hospital

750 West 800 North • Orem  
801-714-6503

Cost: Included in ER/hospitalization fees

**Payment Options:** Self-pay and private insurance

*Description:*

Assessment and referral of patients as part of an ER visit. Referral will depend on financial situation.

## No Excuse for Abuse

382 East 730 South • Orem  
801-802-0115

Cost: \$100

**Payment Options:** Payment due upfront, but will work with client.

*Description:*

Initial assessment

# Assessment Facilities

## Utah Count Health Department

Assessment Center

151 S. University Avenue • Provo

801-851-7128

Cost: \$80

Payment Options: Self-pay

*Description:*

Testing and interview with a social worker

## Utah Valley State College

Student Center

800 West University Parkway • Orem

801-863-6388

Cost: Free for UVSC students and employees

Payment Options: N/A

*Description:*

BASICS: Brief Alcohol (*and other drugs*) Screening Intervention for College Students

E-CHUG Assessment available to anyone online: <http://interwork.sdsu.edu/echug2/?id=UVSC&hfs=true>

# Testing Facilities

## Addiction and Psychological Services

224 North Orem Blvd. • Orem  
801-222-0603

Cost: \$30 per test kit

Payment Options: N/A

*Description:*

Basic drug test kits for home use are available to purchase. Other testing services provided by APS.

## Alliance Clinical Services

568 West Pacific Drive • American Fork  
801-763-7775

Cost: Basic test—\$15    Breathalyzer—\$5

Payment Options: N/A

*Description:*

Basic test is a urine analysis that is required as part of regular treatment.

## No Excuse for Abuse

382 East 730 South • Orem  
801-802-0115

Cost: \$28

Payment Options: N/A

*Description:*

All clients are subject to random drug tests. Testing is performed in the NEFA office or at Intermountain Healthcare.

## Utah County Health Department

Assessment Center  
151 South University Avenue • Provo  
801-851-7128

Cost: \$22—100% of test costs

Payment Options: Sliding fee scale

*Description:*

Testing as determined by the Assessment Center only.

# Detoxification/Stabilization Facilities

## Addiction and Psychological Services

224 North Orem Blvd. • Orem  
801-222-0603

**Cost:** Individual counseling—\$70, Group—\$35,  
Test/ evaluation—\$150

**Payment Options:** Medicaid, Medicare, self-pay,  
private insurance, military insurance,  
and sliding fee scale

*Description:*  
Social detoxification

## Clear Living

532 East 800 North • Orem  
801-225-0280

**Cost:** Detox—\$3,000, intensive out-patient treatment  
Detox—\$5,000 (*pays for a year of treatment*)

**Payment Options:** Self Pay, non-profit sponsors for  
financial assistance. Insurance not  
accepted.

*Description:*  
Sauna detox program

## Mountain View Hospital: New Vision

1000 East 100 North • Payson  
801-465-7315

**Cost:** \$4,600

**Payment Options:** Medicaid, Medicare and private  
insurance

*Description:*  
Emergency or voluntary medical/surgical stabilization and detoxification.

## Mountain View Hospital: The Pavilion

1000 East 100 North • Payson  
801-465-7315

**Cost:** Hospital fee— \$4,000, Physician fee—\$500,  
ER fee—\$140

**Payment Options:** Medicaid, Medicare, managed care  
plans and private Insurance

*Description:*  
Emergency medical/surgical stabilization, and detoxification and assessment.

## Timpanogos Regional Hospital

750 West 800 North • Orem  
801-714-6503

**Cost:** ER fees, doctor fees, hospitalization fees, etc.

**Payment Options:** Private insurance. Financial planning  
available.

*Description:*  
Emergency medical/surgical stabilization and detoxification and assessment.

# Detoxification/Stabilization Facilities

## Utah County Human Services

**Foothill Residential Treatment Center**  
3285 North Main Street • Spanish Fork  
801-851-7652

Cost: Sliding fee scale from \$22

Payment Options: Self-pay, private insurance, military insurance

*Description:*

Residential detoxification

# Residential Treatment Facilities

## Cirque Lodge

1240 East 800 North • Orem  
801-222-9200

**Cost:** \$24,700 per month

**Payment Options:** Self-pay

*Description:*

Residential short-term treatment (*30 days or less*)  
Residential long-term treatment (*more than 30 days*)

## First Step House

411 Grant Street • Salt Lake City  
801-359-8862

**Cost:** \$2,100 per month

**Payment Options:** Self-pay, co-pay option

*Description:*

Residential treatment for low-income, male clients.

## New Haven, Inc.

2096 East 7200 South • Orem  
801-380-6426

**Cost:** \$365 per day or \$10,950 per month

**Payment Options:** Self-pay, private insurance,  
military insurance, student loans

*Description:*

Long-term, residential substance abuse treatment for girls ages 13 to 17. Will treat persons with co-occurring mental and substance abuse disorders. Treatment includes: Addictions and recovery group, outdoor recreation/recreation therapy, a portion of the 12-Step Program and Equine Therapy.

## Odyssey House

344 East 100 South • Suite 301 • Salt Lake City  
801-428-3448

**Cost:** \$22—100% of treatment costs per month if referred through Utah County Health Department, \$54.50 per day or \$1,635 per month (*1 month minimum*) if private pay

**Payment Options:** Self-pay, private insurance and military Insurance

*Description:*

Adolescent Residential Treatment—START program  
Mothers and children program  
Fathers and children program  
Adult program  
Each program involves highly, intensive, short-term assessment and residential treatment (*30 to 60 days*).

# Residential Treatment Facilities

## The Journey

1991 North State Street • Provo  
801-368-2278

**Cost:** \$250 per day—Boys Ranch (*45 day minimum*)  
\$170 per day—Residential (*6 month minimum*)

**Payment Options:** Self-pay or private insurance

*Description:*

Residential treatment for ages 15 to 21.

## The Journey

1991 North State Street • Provo  
801-368-2278

**Cost:** \$140 per day—Sobriety House (*1 month minimum*)

**Payment Options:** Self-pay or private insurance

*Description:*

Sobriety House for families, adults and juveniles.

## Utah Alcoholism Foundation: House of Hope Provo

1726 South Buckley Lane • Provo  
801-373-6562

**Cost:** \$85 per day

**Payment Options:** Medicaid, self-pay, some private insurance

*Description:*

Residential, short-term treatment (*30 days or less*) and residential, long-term treatment (*more than 30 days*). Services are for women only. Beds available for residents' children.

## Utah County Human Services Foothill Residential Treatment Center

3285 North Main Street • Spanish Fork  
801-851-7652

**Cost:** \$22—100% of treatment costs per month

**Payment Options:** Self-pay, private insurance, military insurance, sliding fee scale

*Description:*

Residential, short-term treatment (*30 days or less*) and residential, long-term treatment (*more than 30 days*). Persons with HIV/AIDS, pregnant/postpartum women, women, men and criminal justice clients.

# Inpatient Treatment Facilities

## Mountain View Hospital: New Vision

1000 East 100 North • Payson  
801-465-7315

Cost: \$4,600

Payment Options: Medicare, Medicaid, self-pay and private insurance

*Description:*

Emergency or voluntary medical/surgical stabilization, detox, inpatient, group/individual counseling, crisis intervention, assessment, referral and aftercare plan.

## Mountain View Hospital: The Pavilion

1000 East 100 North • Payson  
801-465-7315

Cost: Hospital fee—\$4,000, physician fee—\$500,  
ER fee—\$140

Payment Options: Medicaid, Medicare, self pay, private insurance and managed care plans

*Description:*

Emergency medical/surgical stabilization, detox, inpatient, group/individual counseling, crisis intervention, assessment, referral and aftercare plan.

## Timpanogos Regional Hospital

750 West 800 North • Orem  
801-714-6503

Cost: Possible ER fees, doctor fees and hospitalization fees

Payment Options: Self-pay or private insurance

*Description:*

Emergency medical/surgical stabilization. If patient is admitted, Detox, stabilization, inpatient, assessment and referral.

## Utah State Hospital

1300 East Center Street • Provo  
801-344-4400

Cost: \$395 per day with insurance  
\$420 per day without insurance

Payment Options: Medicare, Medicaid, self-pay, private insurance and optional sliding fee scale

*Description:*

New program to be implemented in Fall 2006—Intensive day treatment for teens.

## Utah State Hospital

1300 East Center Street • Provo  
801-344-4400

Cost: \$395 per day with insurance  
\$420 per day without insurance

Payment Options: Medicare, Medicaid, self-pay, private insurance and optional, sliding fee scale

*Description:*

Sunrise Program—Intensive day treatment for adults.

# Outpatient Treatment Facilities

## Addiction and Psychological Services

224 North Orem Blvd. • Orem  
801-222-0603

**Cost:** \$70—Individual counseling, \$35—Group,  
\$280:—DUI/PRI classes

**Payment Options:** Medicaid, Medicare, self-pay,  
private insurance, military insurance  
and sliding fee scale

*Description:*

Intensive and general outpatient for persons with co-occurring mental and substance abuse disorders.  
DUI PRI classes, social detox, individual and group counseling.

## Alliance Clinical Services

568 West Pacific Drive • American Fork  
801-763-7775

**Cost:** Intake assessment—\$70, Group counseling—\$30  
individual counseling—\$70

**Payment Options:** Sliding scale, self-pay, private  
insurance may reimburse

*Description:*

Outpatient Counseling and 12-Step program

## Clear Living

532 East 800 North • Orem  
801-225-0280

**Cost:** Detox=\$3,000, Intensive out-patient treatment  
Detox=\$5,000 (pays for a year of treatment)

**Payment Options:** Self-pay, non-profit sponsors for  
financial assistance. No insurance  
accepted.

*Description:*

Intensive and general outpatient Treatment, individual counseling and outpatient detox.

## First Step House

411 Grant Street • Salt Lake City  
801-359-8862

**Cost:** IOP—\$2500, GOP—\$2100

**Payment Options:** Self-pay and co-pay options

*Description:*

Intensive and general outpatient treatment, including group psychotherapy, life skills training and individual  
counseling (*six month program*).

## The Gathering Place

251 East 1200 South Street • Orem  
801-226-2255

**Cost:** Individual—\$45 to \$90 per hour  
Group/classes—\$15 to \$25

**Payment Options:** Medicare, self-pay and private insurance

*Description:*

Outpatient, partial hospitalization/day treatment for adolescents, pregnant/postpartum women, women and  
DUI/DWI offenders.

# Outpatient Treatment Facilities

## Green House Center for Growth

194 S Main Street • Pleasant Grove  
801-785-1169

**Cost:** \$60 intake, \$90 per hour

**Payment Options:** Medicaid and DCS

*Description:*

Individual counseling—occasionally group sessions are available.

## Institute for Cognitive Therapy

560 South State Street • Orem  
801-802-8608

**Cost:** Initial assessment—\$60, individual therapy—\$60,  
group therapy—\$30

**Payment Options:** Medicare and Medicaid if the patient is referred through Utah County and private insurance

*Description:*

Individual and group therapy. Groups: Stress management, relapse prevention, criminal thinking, grieving, recovery skills and individual therapy.

## Intermountain Specialized Abuse Treatment Center

1868 North 1120 West • Provo  
801-373-0210

**Cost:** \$30 to \$95

**Payment Options:** Medicaid, Medicare, self pay, state financed insurance (*other than Medicaid*), private insurance, military insurance and sliding fee scale

*Description:*

General outpatient group and individual counseling. Substance abuse treatment for adolescents. Will treat persons with co-occurring mental and substance abuse disorders and criminal justice clients.

## The Journey

1991 N State Street • Provo  
801-368-2278

**Cost:** IOP—\$300 per week, GOP—\$100 per hour

**Payment Options:** Self-pay and private insurance

*Description:*

General/intensive outpatient substance abuse treatment for all ages including individual/family/group counseling, support and sobriety.

## LDS Family Services

1190 North 900 East • Provo  
801-422-7620

**Cost:** \$65 for a 50 minute session

**Payment Options:** Self pay

*Description:*

Counseling

# Outpatient Treatment Facilities

## LDS Family Services

1190 North 900 East • Provo  
801-489-9086

**Cost:** Free

**Payment Options:** N/A

*Description:*

12-Step program

## No Excuse for Abuse

382 East 730 South • Orem  
801-802-0115

**Cost:** \$350 —ADAM; \$960 —Level 1;  
\$1,200—Level 2; \$1,680—Level 3;  
\$45—Individual counseling;  
\$50—Family counseling

**Payment Options:**

*Description:*

Intensive outpatient treatment. Programs includes: Adolescent drug and/or Alcohol Motivational Enhancement Therapy (ADAM); Level I (48 hours); Level II (60 hours); Level III (84 hours)—includes drug testing and aftercare for all three levels.

## Promise of Women and Families

1477 West Center • Orem  
801-851-7691

**Cost:** \$22—100% of treatment cost

**Payment Options:** Medicaid and Medicare. Must be referred through Utah County Health Department Assessment Center.

*Description:*

Intensive and general outpatient substance abuse treatment and aftercare, including individual and group therapy for women with dependant children or pregnant women. Child care and transportation is available.

## Utah County Health Department

151 South University Avenue • Suite 1400 • Provo  
801-851-7128

**Cost:** \$22—100% of treatment costs

**Payment Options:** Medicaid and sliding fee scale.  
Private insurance is usually contracted out to another facility.

*Description:*

Foothill Outpatient Services—offers general and intensive outpatient treatment, counseling and testing.  
Project Reality: Opioid Maintenance Therapy.

## Utah Family Institute

1471 North 1200 West • Orem  
801-802-9464 ext 227

**Cost:** \$85 per hour

**Payment Options:** Self-pay, private insurance may reimburse.

*Description:*

Outpatient family and individual counseling. Exclusively licensed in Utah to provide Functional Family Therapy.

# Outpatient Treatment Facilities

## Utah Valley State College

Wellness Education • Student Center 221 • Orem  
801-863-8875

**Cost:** \$10 for UVSC students and faculty

**Payment Options:** Self-pay

*Description:*

Break Free Smoking Cessation program. Four to eight sessions of one-on-one counseling. A \$40 voucher for nicotine replacement therapy is available. Also, a new program offering additional counseling, PRIME For LIFE, may be available soon.

# Partial Hospitalization/Day Facilities

## Addiction and Psychological Services

224 N Orem Blvd. • Orem  
801-222-0603

**Cost:** Individual counseling—\$70  
Group counseling—\$30

**Payment Options:** Medicaid, Medicare, self-pay,  
private insurance, military insurance  
and sliding fee scale

*Description:*

Partial hospitalization and day treatment for persons with co-occurring mental and substance abuse disorders.

## Cirque Lodge

777 North Palisade Drive • Orem  
801-222-9200

**Cost:** \$2,150 per week

**Payment Options:** Self-pay

*Description:*

Partial hospitalization and day treatment for persons with co-occurring mental and substance abuse disorders who have completed residential treatment.

## The Gathering Place

251 East 1200 South • Orem  
801-226-2255

**Cost:** Sliding scale fees: Individual—\$45.90 per hour  
Group and classes—\$15 to \$25

**Payment Options:** Medicare, self payment and private  
insurance

*Description:*

Partial hospitalization and day treatment for adolescents and women, including those who are pregnant or postpartum.

## Utah State Hospital

1300 East Center Street • Provo  
801-344-4400

**Cost:** \$395 per day with insurance (Medicare or private)  
\$420 per day without insurance

**Payment Options:** Medicare, possibly Medicaid, self-pay,  
private insurance and sliding fee scale

*Description:*

Sunrise program: Intensive day treatment for adults  
New Day Treatment program to begin Fall 2006 for teens

# Facilities Providing Education

## Addiction and Psychological Services

224 N Orem Blvd. • Orem  
801-222-0603

Cost: \$280

**Payment Options:** Medicaid, Medicare, self-pay, private insurance, military insurance and sliding fee scale

*Description:*

Classes offered: DUI PRI (Prime for Life) for DUI/DWI offenders.

## Alliance Clinical Services

568 West Pacific Drive • American Fork  
801-763-7775

Cost: \$280

**Payment Options:** Sliding fee scale, self-pay, private insurance may reimburse

*Description:*

Classes offered: DUI PRI (Prime for Life) and Relapse Prevention.

## Life Skills Institute

394 South State • Suite C • Orem  
801-434-3015

Cost: First time—\$1,200, refresher course—\$800,  
One-on-one—\$75 for a 90 minute session

**Payment Options:** Self-pay in full before classes start

*Description:*

Targeted toward teaching teens how to live well, but classes are taught to adults. Families are welcome to participate.

## The Journey

1991 North State Street • Provo  
801-375-4240

Cost: \$250 per day with a 45 day minimum

**Payment Options:** Medicaid and private insurance

*Description:*

Boys Ranch/Wilderness Work program involving Life Training for teenage boys.

## New Haven Inc.

2096 East 7200 South • Spanish Fork  
801-380-6426

Cost: \$365 per day or \$10,950 per month

**Payment Options:** Self-pay, private insurance, military insurance, student loans (education component)—school districts may help if it's a school related issue.

*Description:*

Outdoor recreation/recreation therapy that teaches teenage girls how to have fun without drugs.

# Facilities Providing Education

## No Excuse for Abuse (NESA)

382 East 730 South • Orem  
801-802-0115

**Cost:** DUI I—\$280, DUI II—\$480,  
alcohol and drugs—\$150, parenting—\$150

**Payment Options:**

*Description:*

Classes Offered: DUI Level I, Risk Reduction; DUI Level II; Change of Life; alcohol and drug classes and a parenting course.

## Odyssey House

344 East 100 South • Suite 301 • Salt lake City  
801-322-3222

**Cost:** Included in residential treatment costs

**Payment Options:** Self-pay, private insurance and  
military insurance

*Description:*

Alternative High School for adolescents in residential treatment. Classes are also available for adults in residential treatment who did not graduate from high school. Vocational rehabilitation and job training.

## ToughLove

151 South University Avenue • Suite 2601 • Provo  
801-375-6488

**Cost:** \$35—annual membership plus \$4 per class

**Payment Options:** Payment schedule can be arranged

*Description:*

52 week program with a class offered each week. Classes are on a range of subjects, many of which deal with substance abuse.

## Project HEAL

228 West 310 North • Orem  
801-427-1049

**Cost:** N/A at this time

**Payment Options:** N/A

*Description:*

Large fundraising/educational concerts. They are working toward creating a curriculum that can be taught in homes, schools and treatment facilities.

## Utah Alcoholism Foundation: House of Hope

1726 S Buckley Lane • Provo  
801-373-6562

**Cost:** \$85 per day

**Payment Options:** Medicaid, self-pay and some private  
insurance

*Description:*

Parenting classes for women who are participating in the residential program.

# Facilities Providing Education

## Utah County Health Department

151 South University Avenue • Provo,  
801-851-7096

Cost: \$25

Payment Options: Self-pay

*Description:*

Ending Nicotine Dependence (END) - teen tobacco cessation classes

## Utah County Health Department

151 South University Avenue • Provo  
801-851-7098

Cost: Free

Payment Options: N/A

*Description:*

First Step smoking cessation program for pregnant women.

## Utah County Sheriff's Office

3075 North Main Street • Spanish Fork  
801-343-4200

Cost: N/A

Payment Options: N/A

*Description:*

OUT—On Unit Treatment program designed to teach life skills to inmates.

## Utah Valley Regional Medical Center

1034 North 500 West • Provo  
801-357-7162

Cost: Free with Intermountain Healthcare insurance  
Smoke Breakers—\$100, Free and Clear—\$250/year

Payment Options: N/A

*Description:*

Smoke Breakers—tobacco cessation classes  
Free and Clear—phone based support for tobacco cessation

## Vantage Point Youth Services

1185 East 300 North • Provo  
801-851-7096

Cost: Free

Payment Options: N/A

*Description:*

Eight-week class on substance abuse for teens.

# Miscellaneous Treatment Resources

## First Step House

411 Grant Street • SLC  
801-359-8862 ext. 127

Cost: \$245 per month

Payment Options: N/A

*Description:*

Transitional housing for men who have completed the residential program. Aftercare provided by First Step House is a requirement, as well as outside support each week like an Alcohol Anonymous or Narcotics Anonymous meeting.

## No Excuse for Abuse

382 East 720 South • Orem  
801-802-0115

Cost: Free

Payment Options: N/A

*Description:*

Substance Abuse Helpline—1-800-821-4357(HELP)

## On Unit Treatment (OUT) Program

Utah County Jail  
3075 North Main Street • Spanish Fork  
801-851-4200

Cost: N/A

Payment Options: N/A

*Description:*

Program designed to teach life skills to inmates.

## Project HEAL

228 West 310 North • Orem  
801-427-1049

Cost: N/A

Payment Options:

*Description:*

Fundraising to create a new substance abuse curriculum available to schools and parents.

## Turning Point Center

789 East Bamberger Drive • American Fork  
801-772-1030

Cost: \$79—initial visit, \$39—per session

Payment Options: Self-pay upfront, no insurance

*Description:*

Auricular therapy offered in individual therapy sessions to help control the desire to use drugs.

# Miscellaneous Treatment Resources

## Utah County Department of Health

**Division of Substance Abuse**  
151 South University Avenue • Provo  
801-851-7126

**Cost:** Court fees

**Payment Options:** Self-pay, upfront

*Description:*

Drug Court: Judicial incentive for rehabilitation. Applicable to youth, families and adults.

## Utah Department of Human Services

**Substance Abuse & Mental Health**  
120 North 200 West • Room 209 • Salt Lake City  
801-538-3939

**Cost:** Free

**Payment Options:** N/A

*Description:*

Hotline: 1-888-567-TRUTH and in Spanish: 1-888-629-1585  
Website [www.utah.quitnet.com](http://www.utah.quitnet.com)

**For information about a parent drug support group,  
Please contact Kim at Kimberlee at (801) 374-1619 • [legal147@hotmail.com](mailto:legal147@hotmail.com)**

*To make changes to this guide, please contact Lisa Bona-Bullock at  
[lisa.bullock@intermountainmail.org](mailto:lisa.bullock@intermountainmail.org) or (801) 357-7612*

A large, stylized graphic of a human figure with arms raised, composed of blue and green shapes. The figure is centered in the background. The word "Prevention" is written in a large, black, cursive font across the middle of the figure.

# SUBSTANCE ABUSE RESOURCE GUIDE






# *Prevention*



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### COLOR KEY

	All Ages/No Specification
	Adolescent
	Adult
	Women
	Men

# Prevention Curriculums

## Drug Abuse Resistance Education (DARE)

Contact local police departments

**Cost:** Usually covered by the police department

*Description:*

D.A.R.E. is a police officer led series of classroom lessons that teaches children from kindergarten through the 12th grade how to resist peer pressure and live drug and violence free lives. The program is based on a decision model, giving children the skills to recognize and resist temptation.

## NOVA Principles

Orem Police Department  
95 East Center Street • Orem  
801-229-7070

**Cost:** Usually covered by the police department

*Description:*

NOVA —Nurturing Opportunities Values and Accountability. This program is similar to the DARE Program and is taught in the schools from kindergarten through middle school by uniformed police officers. The curriculum uses active learning and focuses on drugs and media awareness.

## Prevention Dimension (PD)

151 South University Avenue • Provo  
801-851-7126

**Cost:** Covered by the state

*Description:*

State-wide curriculum designed to be taught as part of the core health curriculum for pre-kindergarten through 12th grade students. The lessons are based on the risk and protective factors prevention model, and are supposed to be taught in every school.

## radKIDS

Utah County Sheriff's Office  
801-851-4335

**Cost:** Training and equipment

*Description:*

Resisting Aggression Defensively. A personal empowerment class taught by independent instructors, (police, parents, etc.) that provides children the ability to make more active decisions for their own safety.

# School District Programs

## Alpine School District

575 North 100 East • American Fork  
801-756-8518

### *Description:*

- Prevention dimension
- Drug kits for parents
- Skill building with a tutor
- Parent education resource center—call 801-229-7390

## Nebo School District

350 South Main Street • Spanish Fork  
801-354-7483

### *Description:*

- Prevention dimension
- Red Ribbon Week
- Utah County Health Department presentations: Play Hard, Stay Clean
- Skill building program for at risk youth
- Teacher training on resource availability
- Community resource handbook provided by the Utah County Health Department is used for referrals.

## Provo School District

280 West 940 North • Provo  
801-374-4802

### *Description:*

- Prevention dimension
- Red Ribbon Week
- Gang prevention
- Mentor/advocate program
- radKIDS

# Drug Awareness Programs in Schools

## Hobble Creek Elementary

1145 East 1200 North • Mapleton  
801-489-2863

*Description:*

BYU athlete presentations .

## Payson High School

1050 South Main • Payson  
801-465-6025

*Description:*

Youth Court—may or may not deal with substance abuse, but there is potential for positive peer pressure.

## Saratoga Shores Elementary

1415 Parkside Drive • Lehi  
801-766-6440

*Description:*

Guest Speakers from Brigham Young University and Utah Valley State College  
Anti-smoking program

## National Programs

Red Ribbon Week  
Drug awareness/drug free week

# Prevention Programs & Resources

## Boys and Girls Club

1060 East 150 North • Provo  
801-371-6242

### Programs:

SMART Moves  
Kids in Control

## Centro Hispano

819 South 200 West • Provo  
801-665-0258

Cost: Free

### Description:

Information and fliers on substance abuse in Spanish.

## The Family Center of Utah Valley/ Parent Information Resource Center

Westmore Elementary  
1150 South Main • Orem  
801-225-7440

Cost: Free

### Description:

Videos on substance abuse, parenting and prevention.

## PANIC

801-404-0979

Cost: Free

### Description:

People Against Narcotics in Communities—a support group for families as well as education about substance abuse issues. Monthly meetings present different aspects of substance abuse. The schools are involved and the meetings are broadcast over the Spanish Fork Community Channel.

## Utah County Health Department

151 South University Avenue • Provo  
801-851-7126

### Programs:

îYouth Early Intervention  
îEliminate Alcohol Sales to Youth (EASY)  
Youth participate with police in enforcing alcohol sales restrictions.

### Services free to community:

îSchool Based Services  
îSpeakers Bureau  
îCommunity Resource Library  
îYoung Adult Prevention Services  
îUtah Valley's Future Council  
îCommunity Information Line—801-851-7136

# Prevention Programs & Resources

## Utah County Sheriff's Office

3075 North Main Street • Spanish Fork  
801-851-4000

### Programs:

radKIDS—Resisting Aggression Defensively

## Utah Poison Control

585 Komas Drive • Suite 200 • Salt Lake City  
801-587-0603

Cost: Free

### Description:

Outreach education—tailored presentations to kids about substances based on the state Prevention Dimensions curriculum.

## Utah Valley's Future Council

151 South University Avenue • Provo  
801-851-7178

### Programs:

Parents Who Care—parenting class  
Community policing/neighborhood grants

## Youth and Families with Promise/4H

100 East Center Street • L400 • Provo  
801-851-8435

Cost: Free

Payment Options: NA

### Program:

After school mentoring

## Youth Net

801-373-2128

### Programs:

Red Ribbon night  
Pool party  
Clean out the Cabinet  
Battle of the Bands  
Monthly forums in schools

# Prevention Resources Outside Utah

## Centro de la Familia de Utah

3780 South West Temple • Salt Lake City  
801-521-4473 ext. 111

*Program:*

Nuevo Dia—Substance abuse prevention for girls ages 9 through 12 and their mothers.

## Department of Health Promotion and Education

250 South 1850 East • Suite 215 • Salt Lake City  
801-581-8520

*Description:*

Neighborhood Action Coalition—The mission of NAC is to mobilize high-risk communities by empowering citizens to create local solutions to alcohol, tobacco and other drugs (ATOD) problems. Targets youth—ages 12 to 18 years.

## Odyssey House

344 East 100 South • Suite 301 • Salt Lake City  
801-363-0203

*Program:*

Families in Action—provides an opportunity for parents and teens to learn together about current teen issues, effective discipline skills for adolescents, respecting others, effective communication, learning how to talk about drugs, sex, and violence and expressing your feelings and needs in a positive way. In eight sessions, teens and parents will work together through activities, videos and discussions to help gain a better understanding of how they can help create a better relationship.

## Voices for Utah Children

747 East South Temple • Suite 100 • Salt Lake City  
801-364-1182

*Description:*

Policy advocacy—could at some point work toward funding issues related to substance abuse.

# Prevention Resources Outside Utah

## Utah Federation for Youth

641 West North Temple • Suite 40 • Salt Lake City  
801-468-0699

### *Programs:*

#### !South Salt Lake Coalition for Drug Free Youth

UFY is the lead agency in the South Salt Lake Coalition for Drug Free Youth. This community coalition, engaging social services, law enforcement, school districts, parents, youth and other organizations, is charged with the goal of reducing youth drug use and violence in south Salt Lake City.

#### !EnviroLeaders

EnviroLeaders provides disadvantaged high school students with the opportunity to acquire leadership skills and environmental education necessary to become creators and educators in after-school programs for younger students in elementary schools.

#### !Ribbon Campaign

Red ribbons create awareness of the need to eliminate substance abuse, while purple ribbons represent a commitment to violence prevention.

#### !University Neighborhood Partners—Heartland Center.

Utah Family Center and University Neighborhood Partners (UNP) provides opportunities for parents and children to develop lifelong skills, with emphasis on early childhood development, parenting classes and literacy. A drop-off care center, run by staff members trained in early childhood education, provides a place for children to develop skills while their parents attend classes.

#### !Project Guuleysi

For boys and young men who are at high risk for school dropout, recruitment to gangs and other high risk behaviors. Project Guuleysi is about preventing these high-risk youth from finding their way to high-risk behaviors.

#### !National Youth Service Day

Assists young people in identifying and addressing community needs through service. The program supports youth on a life-long path of service and civic engagement and educates the public about the role of youth as leaders and assets.

#### !Wonderful Outdoor World

For ages 8 to 12 years old —outdoor recreation and environmental education during overnight campouts in city parks.

**For information about a parent drug support group,  
Please contact Kim at Kimberlee at (801) 374-1619 • [legal147@hotmail.com](mailto:legal147@hotmail.com)**

*To make changes to this guide, please contact Lisa Bona-Bullock at  
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